

2021-2022 T3W9 GCSE 预备班 家庭作业 7月2日

1. Read the text and answer the questions below.

我和我的同学都不一样,我的手大,脚也大,所以老师让我去学游泳。这个学期,我学会了游泳,我很开心。虽然学习很忙,但是我每个星期二、四、六都花很多时间做运动。另外,我每天晚上十点半睡觉,早上七点半起床,每天都能睡九个小时。如果你经常做运动,每天又有很好的休息,你也会很健康。我最喜欢下午做运动。我和朋友说好了,明天下午放学后,我们一起去跑步,跑一个小时。

- a which sport she has learnt to do this term
- b what she plans to do with her friend tomorrow
- c how many hours she sleeps every night
- d which days of the week she exercises/plays sport
- e what makes her different from her classmates
- f what her secret is to keeping healthy
- g what time of day she most enjoys exercising/playing sport

2.

Translate the following passages into English.

- 1 看外国电影能帮助我们学习语言和文化。  
明天晚上学校要放一部中国电影，  
欢迎学习中文的学生去看，人越多越好。
- 2 图书馆离我们学校很近，每天下午放学以后，  
我和朋友都去图书馆上网、借音乐光盘。  
图书馆也有很多小说和杂志。

3.

我最近在杂志上读了一篇特别有意思的文章。记者写了关于饮食和健康的关系。他说，十年以前他又胖又懒，每天都只吃自己喜欢吃的东西，医生说的话他也没听。医生不仅让他少吃快餐、少吃肉、少吃甜食，而且也告诉他多吃菜和水果，最好多做运动。最后，他改变了他的饮食习惯，身体好多了。读了这篇文章以后，我真认真想了想我自己的日常生活习惯。

- 1 What was the article Rebecca read about?
- 2 How did she describe the man in the case study?
- 3 What did the doctor want him to eat less of?
- 4 What other advice did the doctor have?
- 5 What influence did reading this article have on Rebecca?